

Women's Shelter Main-Taunus-Kreis



The Women's Shelter offers protection and a refuge for women, and their children, who have been threatened with or affected by domestic violence. They receive shelter in the form of emergency housing and personal support.

Telephone 06192 26255

Admission to the Women's Shelter is non-bureaucratic and is possible at any time of day or night. For safety reasons, the address is kept confidential.

www.frauenhelfenfrauenmtkev.de

What you can do

Account for donations
Frauen helfen Frauen Main-Taunus-Kreis e.V.
TaunusSparkasse
IBAN DE90 5125 0000 0002 0204 83
BIC HELADEF1TSK

Application to become
a member of the association



Counselling and intervention centre
Seilerbahn 2-4, 65719 Hofheim
Telephone 06192 24212
frauenberatungsstelle-fhfmtk@t-online.de

Frauenhaus Main-Taunus-Kreis
P.O. Box 1352, 65703 Hofheim
Telephone 06192 26255
fhfmtk@t-online.de



Frauen helfen  Frauen
Main-Taunus-Kreis e.V.

»No« to violence against women and children



Englisch

»Nein« zu Gewalt an Frauen und Kindern

Counselling and Intervention Centre



The counselling centre is an initial place for women to go in conflict or emergency situations. It is the only specialised counselling centre for domestic violence in the district of Main-Taunus.

Telephone 06192 24212

The telephone and office hours are:
Tuesdays 2 p.m. – 6 p.m.
Thursdays 9 a.m. – 1 p.m.
Fridays 9 a.m. – 1 p.m.



More information

More information





Services of the Counselling and Intervention Centre

- Pro-active counselling after police intervention
- Preventative services in cases of domestic violence
- Psychosocial counselling
 - in cases of conflict between partners
 - during the separation process
 - after separation/divorce
 - couples counselling in cooperation
- Information about
 - Livelihood security
 - Separation and divorce
 - Child custody and visitation rights
 - Protection Against Violence Act/ stalking
- Networking and cooperation
- Specialist counselling and presentations
- Informational events
- Working with groups

Counselling and Intervention Centre

Domestic violence is the most widespread form of violence against women in our society. It includes physical, psychological and sexual violence.

Violence often doesn't begin with beating, but rather with humiliation, insults, control and/or social isolation. Those affected are often uncertain and only much later realise that something has gone wrong in their relationship.

No woman has to simply accept and endure violence. Through the Protection Against Violence Act (went into force in 2002), domestic violence is no longer a private matter.

We provide advice to women from the district of Main-Taunus in conflict or emergency situations.

Personal counselling is available once an appointment is made by telephone. All conversations are confidential and open-ended. Counselling is free of charge and can be anonymous upon request.

We would be very happy to receive your donations.

More information on this can be found on our website at www.frauenhelfenfrauenmtkev.de.

Women's Shelter Main-Taunus-Kreis

Women's shelters are especially secure places of protection and refuge; their addresses cannot be found in the directory. All women who experience physical, sexual or psychological violence can find safety and support here, with or without their children – regardless of where they come from, what their legal residence status is or whether they can provide for themselves financially.

Women and children who have taken refuge in the Women's Shelter receive information and support for securing their livelihoods, on questions about child custody and visitation rights and on separation and divorce.

However, the Women's Shelter is not a home. Those living here are responsible for their own everyday organisation and for raising their children.

Children are always also victims of domestic violence. We offer pedagogical services for individuals and groups. Our staff members also provide support for registering and deregistering at kindergartens and schools.

Women who are looking for a place at the Women's Shelter are welcome to receive counselling over the telephone in advance. They can find out which documents and personal items they should bring with them, if possible.



Services at the Women's Shelter

- Psychosocial counselling
- Threat analysis
- Support in coping with daily life
- Developing new perspectives on life
- Accompaniment to administrative offices, courts, police stations, etc.
- Pedagogical offerings for girls and boys
- Solo and group work
- Help with processing violent experiences
- Support in orienting yourself in the new living environment

Information about

- Livelihood security
- Separation and divorce
- Child custody and visitation rights
- Protection Against Violence Act/ stalking

Networking and cooperation